



Sinhgad Institutes

# SINHGAD TECHNICAL EDUCATION SOCIETY'S SINHGAD ACADEMY OF ENGINEERING

(Affiliated to Savitribai Phule Pune University, Pune & Approved by AICTE)

S. No. 40, Kondhwa –Saswad Road, Kondhwa (Bk), Pune – 411048

Website : sae.sinhgad.edu

## Women Empowerment Activity Report

<b>Academic Year 2020-21</b>			
<b>Sr No.</b>	<b>Activities</b>	<b>Date</b>	<b>Page No.</b>
1	International Women's Day	08/03/2021	2
2	Webinar on "What is Menstrual Hygiene and Why is Sustainable Menstruation Important for Earth"	19/09/2020	3
3	Webinar on “Women, common fitness myths and diet must haves”	29/10/2020	8
<b>Academic Year 2018-19</b>			
<b>Sr No.</b>	<b>Activities</b>	<b>Date</b>	<b>Page No.</b>
1	Behavior changes respect of sanitation	21/09/2018	10
<b>Academic Year 2017-18</b>			
<b>Sr No.</b>	<b>Activities</b>	<b>Date</b>	<b>Page No.</b>
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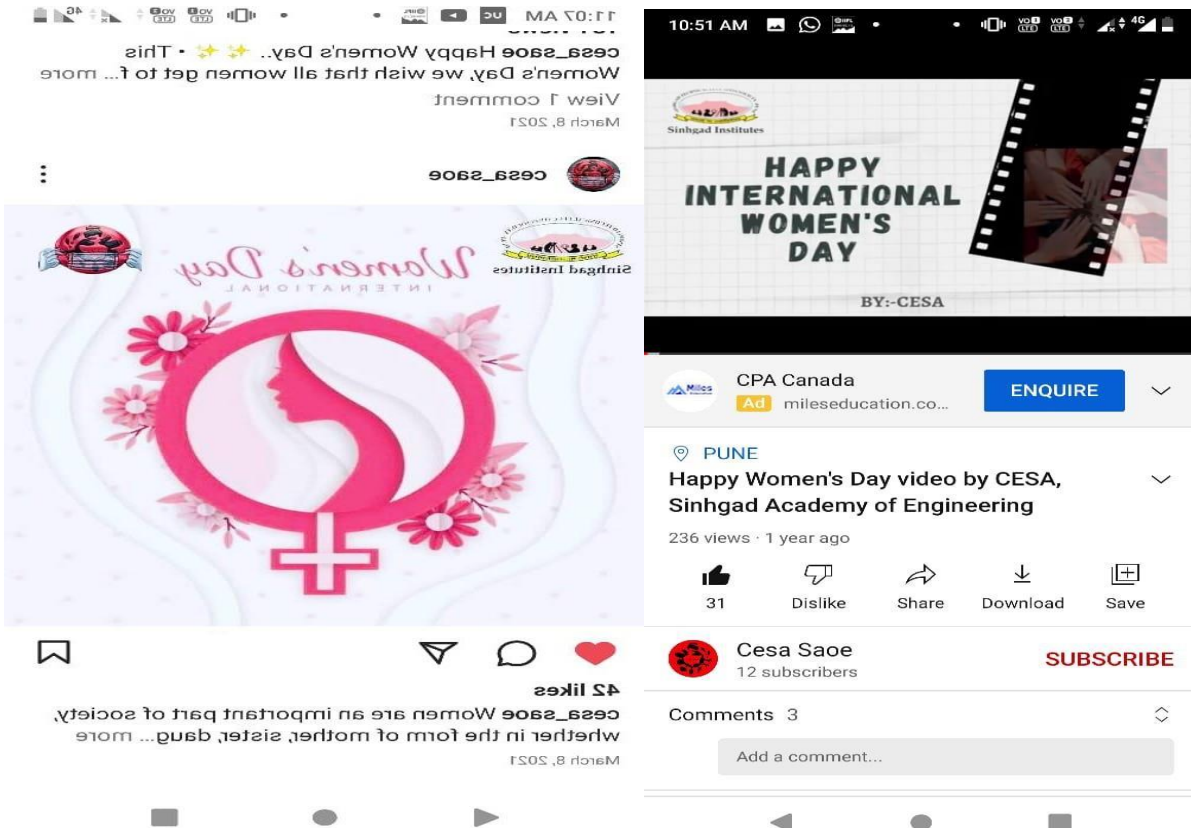
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## A report on: "INTERNATIONAL WOMENS DAY"

Date:8/3/2021

The event “INTERNATIONAL WOMENS DAY” was organized by Civil Department, for which an online event was kept for students on 8<sup>th</sup> March, 2021. The event was organized virtually through Microsoft Teams App.

EVENT DESCRIPTION – For the participation of student’s details of event message was circulated to the entire civil department official groups of students & other department students. For this event an online quiz was organized.





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## **A report on: Webinar on "What is Menstrual Hygiene and Why is Sustainable Menstruation Important for Earth"**

**Date: 19/09/2020**

On 19 September, 2020 from 11:00 am to 12:00 pm NSS Team of Saeo In Collaboration With Ritva Foundation organized a webinar on " What is Menstrual Hygiene and Why is Sustainable Menstruation Important For Earth". Webinar was conducted on Digital Platform, YouTube on Channel Awakening Reality. Shweta Bhagat ( LR of Saeo NSS) contacted the Ritva foundation for conducting webinar in collaboration with NSS team of Saeo.

The Speakers for the webinar were Tanisha Pandit(Founder and President of Ritva Foundation) , Preksha Purnam ( Vice President of Ritva Foundation). The Ankors for the webinar was Swarnim Koteshwar and Mansi Upari. 600+ People attended the live Webinar. Among which few were Members of NSS and others were Non Members of NSS.

The topics that were discussed in Webinar are:

- 1.Awareness about Menstrual Hygiene and Health
- 2.What is Sustainable Menstruation and How we can achieve it?
- 3.How to produce Eco-friendly, Reusable Sanitary Pads.

In India, 23million women drop out of schools each year when they start menstruating. In fact, 71% of school-going girls remain unaware of menstruation due to lack of proper discussion. Menstrual hygiene is vital to the empowerment and well-being. It's about more than just to access to sanitary pads and appropriate toilets. Also people are not aware about the sustainable and ecofriendly sanitary products which helps to maintain the health of the person and the earth. And by motivating people to use sustainable and eco-friendly sanitary products during menstruation we are helping to reduce pollution to some extent.

Ritva foundation helps people to choose healthy sanitary option during menstruation with a dual motive of keeping the human body healthy and embracing the ecological balance simultaneously.

Webinar Link :- <https://youtu.be/eOfUmjCpoPw>



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## National Service Scheme of Sinhgad Academy of Engineering

Presents a Webinar on

What is Menstrual Hygiene  
And  
Why is Menstruation Important  
for Earth?

In Collaboration with



RITVA FOUNDATION



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Mansi Upari



Swarnim Koteswar


**INTRODUCTION**

- The Ritva Foundation is a non-profit and a non-governmental organization working sincerely on the principles of 'Atmanirbharta'( Self-reliance ).
- We are trying to bring a revolution among millions of women and transgender community about how menstrual hygiene is important! We promote biodegradable menstrual products and normalization of menstrual talks.



**How to produce Eco-friendly, Reusable Sanitary Pads**

Many organizations such as "SaathiPads" and "EcoFemme" provide employment, generating a livelihood for these women which allows them access to good and sustainable menstrual care.







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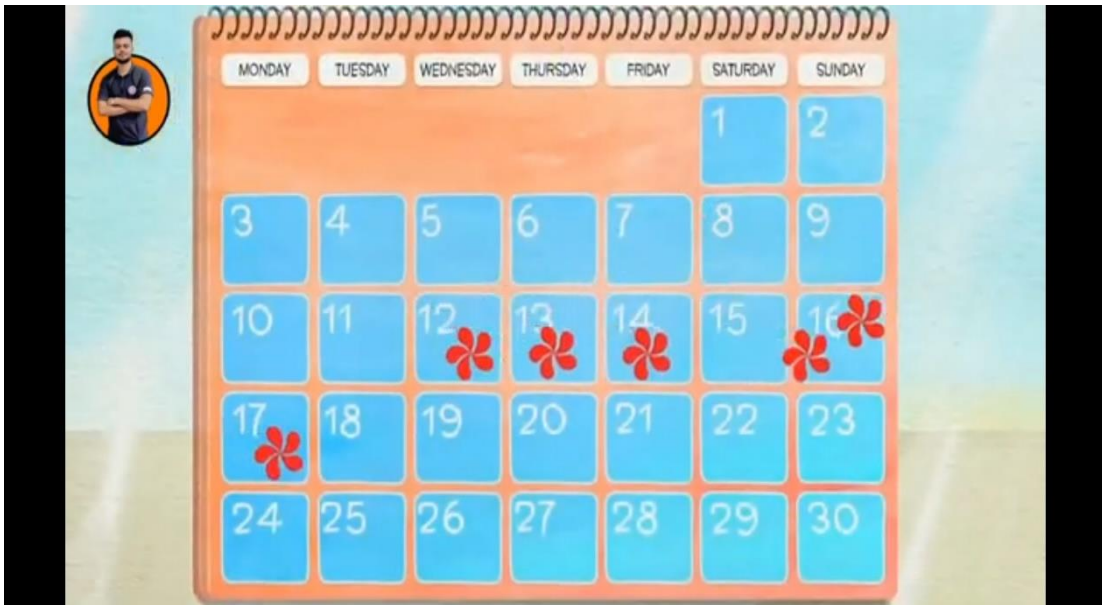
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**A report on: “Webinar on Women, common fitness myths and diet must haves.”**

**Date: 29/10/2020**

The event “**Webinar on Women, common fitness myths and diet must haves**” organized by **Women’s Empowerment Cell** and was started at **3.00 P.M** on **THURSDAY, 29 October, 2020**. The event was organized at **SINHGAD ACADEMY OF ENGINEERING, KONDHWA**. The total no of participants were more than 50.

## **EVENT DESCRIPTION**

**Webinar on Women, common fitness myths and diet must haves** is an event held in SAE, Kondhwa and executed successfully and speaker was **Mrs. Gandhali Gurjar**

. This webinar mainly focuses on the health of women.

Four parts of Webinar are:

- Introduction.
- Need of fitness
- How to diet.





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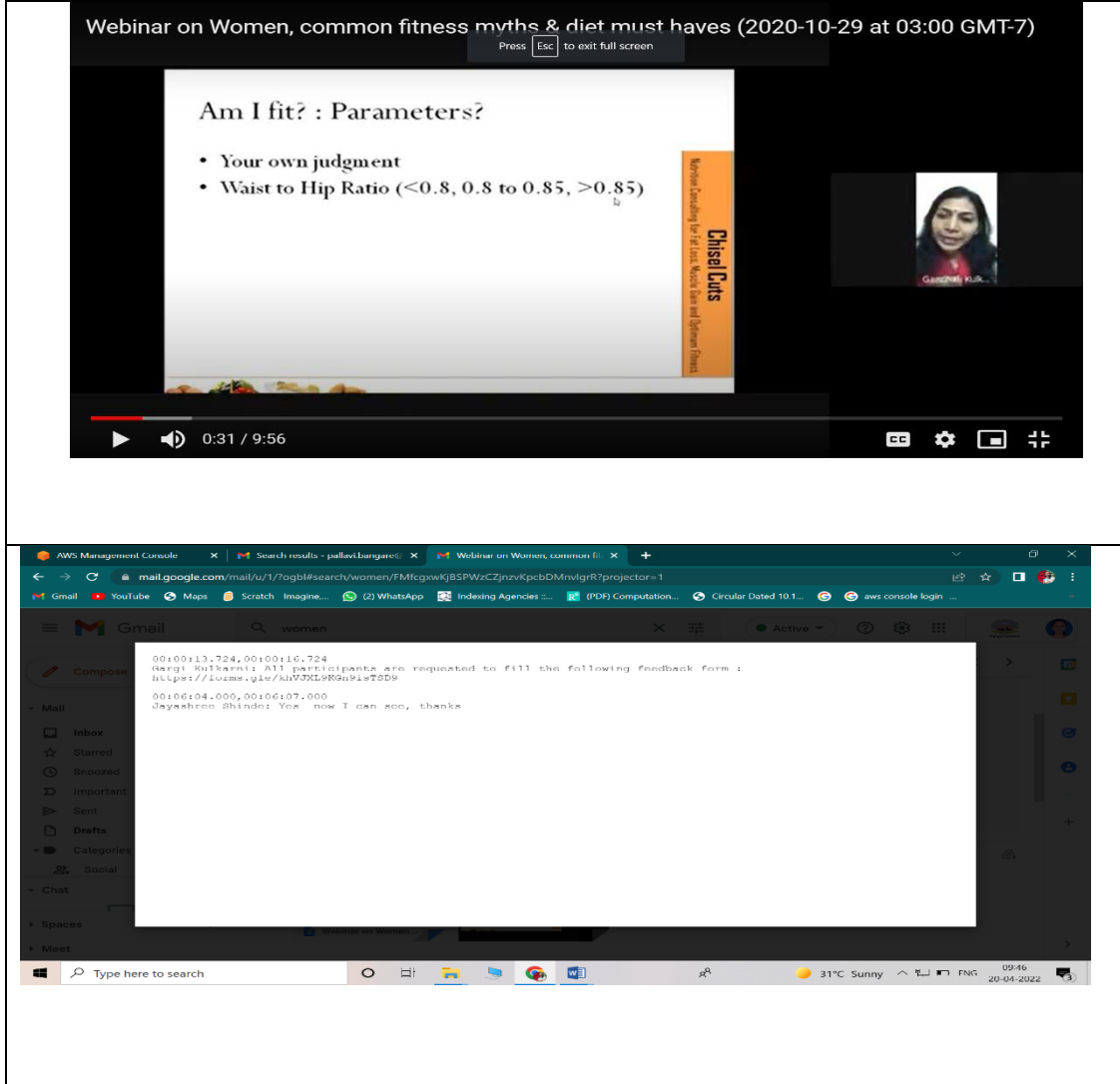
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## Photographs





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## A Report on: “Behavior change respect of sanitation”

Date: 21-09-2018

### Number of Participants: 50

A waste management event was organized on 27th September, 2018 by the NSS team of Sinhgad Academy of Engineering, Kondhwa. The main motive of the event was to spread awareness about the proper management of garbage. The event was carried out at the residential area of Yewalewadi, Pune. Efforts were taken to educate people about the segregation of garbage into "dry waste" and "wet waste". This event brought forth a platform to distribute dustbins marked "dry waste" and "wet waste" separately. Dustbins were distributed between residents, vegetable vendors and clinics without any cost. The event was a huge success as volunteers as well as the people on the receiving end gave a positive response to this initiative.





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## A Report on: “Health Awareness Program”

**Date: 28-09-2017**

We at Sinhgad Academy of Engineering Kondhwa had celebrated Swatch Bharat Abhiyan on **28-09-2017**. In this program speaker Dr. Ashwin Waikar from Smt. S. K. Navale community Hospital, Kondhwa had delivered lecture on self-cleanliness. It involved demonstration and PPT presentation. The various topics involved were the probable diseases due to lack self-cleanliness and surrounding cleanliness. The duration of talk was between 10-12 AM. 78 Students had attended this lecture.



Expert lecture on self-cleanliness and surrounding cleanliness.





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Expert lecture on self-cleanliness and surrounding cleanliness.